

### Happy

*noun: happiness*

**definition:** showing pleasure and contentment

I just got a new job. I am so **happy**!

### Afraid/scared/frightened

*noun: fear*

**definition:** you are worried about your health and safety because something is dangerous

I am **afraid** of spiders.

I'm so **scared** that someone is going to rob my house while I'm on holiday.

### Sad

*noun: sadness*

**definition:** feeling unhappy

My grandma died. I am so **sad**.

### Amused

*noun: amusement*

**definition:** you think something is funny/entertaining

The children were so **amused** while watching the dog chase the cat.

### Bored

*noun: boredom*

**definition:** you are not happy because there is nothing interesting to do

I've been waiting for my train for 30 minutes. I am so **bored**.

### Confident

*noun: confidence*

**definition:** you feel sure of yourself

My job interview went very well. I am **confident** that I will get the job.

### Suspicious

*noun: suspicion*

**definition:** you think you cannot trust something

My boyfriend keeps working late. I'm a bit **suspicious**. There might be another woman.

### Anxious

*noun: anxiety*

**definition:** you feel nervous and worried about something

Today I get the results from my blood test so I'm feeling a bit **anxious**.

### Surprised

*noun: surprise*

**definition:** you didn't expect something, you feel shocked

I was so **surprised** to see that my husband had cleaned the entire kitchen!

### Curious

*noun: curiosity*

**definition:** you are interested and want to discover more information

I'm really **curious** who is going to be promoted next. Do you think it's Jim?

### Envious

*noun: envy*

**definition:** you want what someone else has

I'm so **envious** of your new house. It's beautiful.

### Jealous

*noun: jealousy*

**definition:** you have negative feelings because someone else has something you want

I think Mary is **jealous** of you because you are richer and more beautiful.

### Miserable

*noun: misery*

**definition:** you feel unhappy and uncomfortable

I'm absolutely **miserable**! It's raining, I'm cold, and I'm hungry!

### Confused

*noun: confusion*

**definition:** you don't understand something

I am so **confused**. I don't understand the difference between the past simple and present perfect.

### Angry

*noun: anger*

**definition:** you feel very negative and may become aggressive

I can't believe you broke my laptop! I am so **angry**.

### Ashamed

*noun: shame*

**definition:** to feel deeply embarrassed and guilty

In front of everyone, I told my mom that I didn't love her. Why did I do that? I'm so ashamed.

### Indifferent

*noun: indifference*

**definition:** you are not interested in something, you don't really care

I'm **indifferent** to politics. I don't really care about the elections.

### Determined

*noun: determination*

**definition:** you feel very strongly about a goal

I am so **determined** to lose 5 kilos. I will do this before summer!

### Depressed

*noun: depression*

**definition:** you are deeply unhappy for long periods of time

After my son was born, I was **depressed** for six months. I didn't even want to get out of bed.

### Enraged

*noun: rage*

**definition:** extremely angry

My father was **enraged** when he found out that I had used his credit card to get a tattoo.

### Interested

*noun: interest*

**definition:** you want to discover more information on something you like

I'm **interested** in learning Italian. Do you know anyplace that has Italian courses?

### Shy

*noun: shyness*

**definition:** you are uncomfortable in front of other people

I don't like going to parties. I'm really **shy** so it's difficult for me to speak in front of other people.

### Hopeful

*noun: hope*

**definition:** you think very positively about something in the future

I'm **hopeful** that our business will do better next month.

### Stubborn

*noun: stubbornness*

**definition:** you are not willing to change

My wife is so **stubborn**. She refuses to get her eyes checked, even though she knows she needs glasses.

### Guilty

*noun: guilt*

**definition:** you feel bad because you know you have done something wrong

I forgot to go to my daughter's tennis match. I feel so **guilty**. I promised her that I would go, but I didn't.

### Embarrassed

*noun: embarrassment*

**definition:** you feel foolish/stupid in front of other people

In the middle of the business meeting, someone had to tell me that I had spinach stuck in my teeth. I felt so **embarrassed**.

### **Disgusted**

*noun: disgust*

**definition:** you think something is gross

I was so **disgusted** when my cat dragged a dead rabbit into the house.

### **Proud**

*noun: pride*

**definition:** you feel very good about your actions

I'm so **proud** that I passed the IELTS exam with a 7!

### **Ecstatic**

*noun: ecstasy*

**definition:** extremely happy

Wow, you should have seen Daniel when he found out he got the promotion. He was **ecstatic**.

### **Lonely**

*noun: loneliness*

**definition:** you feel sad because you are alone

I know university is supposed to be exciting, but I feel so **lonely** without my parents.

### **Frustrated**

*noun: frustration*

**definition:** you feel anger because something isn't happening the way you want it to

I've been on the phone all morning with this client and they keep disagreeing with me. I am so **frustrated** with them.

### **Smug**

*noun: smugness*

**definition:** you feel proud in a negative way

I hate how **smug** Sarah is. I know she's the boss' favourite, but she is just so... **smug** about it.

### **Relieved**

*noun: relief*

**definition:** you feel happy because something negative is actually positive

I am so **relieved** I passed the exam. Phew! I seriously thought I was going to fail.

### **Shocked**

*noun: shock*

**definition:** extremely surprised  
What? You're pregnant again? I'm **shocked**! You just had a baby two months ago!

### **Skeptical/sceptical**

*noun: skepticism/scepticism*

**definition:** you doubt whether something is true or not

I'm **sceptical** of horoscopes, but sometimes it's creepy how accurate they are.